

Arts/Classes

Specific Arts/Classes/Trips Information

- All classes are beginning adult level (ages 18 & up) unless otherwise noted.
- Classes not meeting minimum enrollment by seven days before the start date will be cancelled.
- Please sign up no later than seven days before your activity begins. Registrations after the specified deadline carry a late fee.
- Classes are not held on City Holidays.
- Only registered participants are permitted in class.
- Call (434) 455-5860 and press 2 for art program cancellations or information.
- Assume that you are enrolled in the activities for which you have registered. An Art Program staff member will contact you if any of these activities have been cancelled or have been filled, in which case you may transfer to another activity, be placed on a waiting list, or receive a refund.
- For additional information on classes, please call (434) 455-5858.

Creative Movement Ages 3 to 6

Class concentrates on movement, rhythm and imagination. Be sure to wear clothing in which you can move freely! Register by 9/4.

CR \$25.00; NR \$38.00

Miller Center Room 207

Instructor: Ashton Chevalier

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
27003.302	M	9/11-10/16	2:15-2:45 pm

Pre-Ballet Ages 6 to 8

Class concentrates on movement, rhythm and preparation for ballet. Be sure to wear clothing in which you can move freely! Ballet slippers required. Register by 9/4.

CR \$30.00; NR \$45.00

Miller Center Room 207

Instructor: Ashton Chevalier

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
27004.302	M	9/11-10/16	3-3:45 pm

Ballet Ages 6 to 10

Class concentrates on movement, rhythm and beginning ballet positions, steps and exercises. Leotards, tights, ballet slippers required. Register by 9/4.

CR \$35.00; NR \$50.00

Miller Center Room 207

Instructor: Ashton Chevalier

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
27005.302	M	9/11-10/16	4-5 pm

Children's Pottery Ages 7 to 15

Have a ball working with clay and decorating your creations. Class includes projects chosen by instructor as well as individual creations. Wear old clothes or bring a smock. Register by 9/20.

CR \$25.00; NR \$38.00

Miller Center Ceramics Room

Instructor: Sue Matherly

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
26003.302	W	9/27-11/1	3:45-4:45 pm

Community Yoga Ages 18 & Up

Learn the fundamentals of Yoga, including breathing, postures, and meditation techniques in a dynamic, energizing class. Register by 8/29.

CR \$25.00; NR \$38.00

Mind Body Studio at 311 Rivermont Avenue

Instructor: Mike Cundiff

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
27100.305	TU	9/5-10/10	5:30-6:30 pm
27100.306	TU	10/17-11/21	5:30-6:30 pm

Tribal Belly Dance Ages 18 & Up

Celebrate the beauty, grace and natural power of the female form and the importance of the female tribal community. This class covers the fundamental elements of tribal style belly dance; its origins, philosophy, movements and music. No experience or dance training is necessary. Register by 9/1.

CR \$25.00; NR \$38.00

Mind Body Studio at 311 Rivermont Avenue

Instructor: Nancy McAndrew

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
27103.301	M	9/11-10/16	7:30- 8:30 pm
27103.302	M	10/23-11/27	7:30- 8:30 pm



Pilates Ages 18 & Up

Pilates is a holistic and unique approach to exercise, enhancing a philosophy of principles and fundamentals. It is a complete approach to developing body awareness and an easy physicality in day-to-day life, improving and changing the body's postural and alignment habits. Register by 8/31.

CR \$25.00; NR \$38.00

Mind Body Studio at 311 Rivermont Avenue

Instructor: Lynn Rehnberg

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
27104.301	TH	9/7-10/12	5:30-6:30 pm
27104.302	TH	10/19-11/30	5:30-6:30 pm

Tap Dance for Fun & Exercise Ages 18 & Up

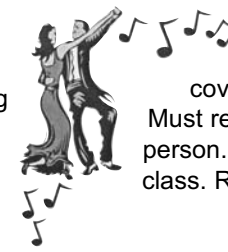
Learn the basics of tap dancing and how to make a joyful noise with your feet while getting some exercise and making new friends. Be sure to wear clothes that permit maximum movement. Must furnish own tap shoes. Register by 8/29.

CR \$30.00; NR \$45.00

Miller Center Room 207 – Instructor: Meryl Lee Sawyer

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
27000.302	TU	9/12-10/17	7-8 pm

Beginning Ballroom Dance Ages 18 & Up



Learn to trip the light fantastic. Class covers fox trot, waltz, rhumba, and cha cha. Must register with a partner. Cost is per person. Rubber soled shoes are a no-no for this class. Register by 8/31.

CR \$40.00; NR \$55.00

Miller Center Room 207

Instructors: Judi & Ray King

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
27001.310	TH	9/7-10/26	7-9 pm

Shag Workshop Ages 18 & Up

This class is an opportunity to take basic shag skills to the next level. Learn mirror steps, male leads, female leads, and how to play on the dance floor. Prerequisites: Shag I and Shag II. No class meeting on 9/20. Register by 8/30.

CR \$50.00; NR \$65.00

Miller Center Room 207 – Instructor: Brenda Franklin

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
27002.302	W	9/6-10/11	7-9 pm

Ice Block Package (Glass Brick) Ages 18 & Up

Learn to make this stunning glass block Christmas package. Students learn to drill, finish, fill and decorate a glass brick in time for the holidays. Please bring safety goggles. Register by 9/1.



CR \$30.00; NR \$45.00

Miller Center Room 205 – Instructor: Carter Martin

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
25000.303	M	9/11-9/25	7-9 pm
25000.304	M	10/2-10/16	7-9 pm

Stained Glass Panel Ages 18 & Up

Students learn to cut, grind, solder and finish a stained glass panel. Please bring safety goggles. Register by 10/16.

CR \$55.00; NR \$70.00

Miller Center Room 205

Instructors: Carter Martin & Mike Frazier

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
25001.302	M	10/23-11/27	7-9 pm
25001.303	TH	9/14-10/19	7-9 pm

Stained Glass Christmas Ornaments Ages 18 & Up

Students learn to cut, grind, solder and finish a variety of ornaments with a Christmas theme. Please bring safety goggles. No class meeting on 11/23. Register by 10/19.

CR \$45.00; NR \$60.00

Miller Center Room 205 – Instructor: Carter Martin

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
25001.304	TH	10/26-11/30	7-9 pm

Arts/Classes

Beginning Handbuilt & Wheel Pottery Ages 18 & Up

Learn various methods of forming clay – pinch, coil, slab and wheel throwing. Create useful and unique objects for your home or to give as gifts. Wear old clothes or bring a smock. Register by 9/12.

CR \$45.00; NR \$60.00

Miller Center Ceramics Room – Instructor: Gail Speidell

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
26000.305	TU	9/19-11/7	9 am-12 noon
26000.306	TU	9/19-11/7	6-9 pm



New Pottery Techniques Color Inlaid Clay Ages 18 & Up

Learn the Japanese Neriage color inlay technique in this workshop. Stack colored clay to make a pattern, then slice and apply as a decorative accent to your handbuilt project. Wear old clothes or bring a smock. Register by 9/29.

CR \$25.00; NR \$38.00

Miller Center Ceramics Room – Instructor: Gail Speidell

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
26000.307	SA	10/7-10/14	9:30 am-12:30 pm

Ceramic Bird House Ages 18 & Up

Learn to trim and finish greenware and decorate a slip cast ceramic bird house. Wear old clothes or bring a smock. Register by 10/4.

CR \$20.00; NR \$30.00

Miller Center Ceramics Room – Instructor: Sue Matherly

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
26002.303	W	10/11 & 10/18	10 am-12 noon

Ceramic Garden Art Ages 18 & Up

Make some art for your garden. These decorative plaques will watch over your plants. Register by 11/6.

CR \$25.00; NR \$38.00

Miller Center Ceramics Room – Instructor: Sue Matherly

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
26002.306	M	11/13	7-8:30 pm

Ceramic Large Christmas Tree Ages 18 & Up

Finish and glaze this slip cast ceramic Christmas tree to decorate your own home or to give as a gift. Register by 10/25.

CR 25.00; NR \$38.00

Miller Center Ceramics Room – Instructor: Sue Matherly

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
26002.302	W	11/1-11/15	10 am-12 noon

Ceramic Noah's Ark Bank & Bookends Ages 18 & Up

Learn to trim and finish greenware, then decorate this cute slip cast ceramic set with a Noah's Ark theme. Register by 10/9.

CR \$25.00; NR \$38.00

Miller Center Ceramics Room – Instructor: Sue Matherly

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
26002.304	M	10/16-10/30	7-9 pm

Ceramic Pasta Bowl Gift Set Ages 18 & Up

Paint and glaze a large pasta bowl, then fill it with pasta and fixings for a spaghetti supper. Register by 9/11.

CR \$25.00; NR \$38.00

Miller Center Ceramics Room – Instructor: Sue Matherly

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
26002.305	M	9/18 & 9/25	7-8:30 pm

Beginning Drawing Ages 18 & Up

Do you love to doodle? Take it up another notch. Class covers a variety of pencil drawing techniques and subjects. Use of your imagination strongly recommended. Make new friends and polish up your latent drawing skills. Register by 9/12.

CR \$30.00; NR \$45.00

Templeton Senior Center – Instructor: Elizabeth Ford

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
23004.302	TU	9/19-10/24	2-4 pm

How To Oil Painting Ages 18 & Up

Create from your imagination or bring a favorite photo or picture to recreate on a 16" x 20" canvas. Paint supplied. Students may purchase a brush kit (\$12.00) or furnish their own brushes. Wear old clothes or bring a smock. Register by 9/5.

CR \$45.00; NR \$60.00

Miller Center Room 208 – Instructor: Betty Leary

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
23000.304	TU	9/12-10/31	7-9 pm
23000.305	W	9/13-11/1	9:30-11:30 am

Tole Painting Techniques Ages 18 & Up

Students complete a variety of small projects using oil paints and tole painting techniques. Wear old clothes or bring a smock. Students may purchase a brush kit (\$9.00) or furnish their own brushes. Register by 9/7.

CR \$40.00; NR \$55.00

Miller Center Room 208 – Instructor: Betty Leary

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
23000.307	TH	9/14-10/19	9:30-11:30 am

Watercolors Ages 18 & Up

Class explores a variety of watercolor subjects and techniques, including wet-on-wet, wet-on-dry, using washes and mixing colors. Wear old clothes or bring a smock. Register by 9/7.

CR \$40.00; NR \$55.00

Miller Center – Instructor: Marge Erickson

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
23002.301	TH	9/14-10/19	9:30-11:30 am

Taking Better Pictures Ages 18 & Up

Bring your camera (digital or 35mm) and learn how to take better pictures. Understand the use of composition, light and other features unique to your camera. Register by 9/7.

CR \$25.00; NR \$38.00

Miller Center Room 101 – Instructor: Tom Graves

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
29008.311	TH	9/14-10/19	7-9 pm

One Stroke Painting Sunflowers Ages 18 & Up

Shining sunflowers! Learn or improve your skills using one stroke acrylic painting techniques and take home a finished 8" x 10" canvas with a sunflower theme. Register by 9/11.

CR \$20.00; NR \$30.00

Miller Center Room 208 – Instructor: Carol Logwood

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
23005.302	M	9/18	10 am-12 noon

One Stroke Painting Mums Ages 18 & Up

Learn or improve your acrylic painting skills with the one stroke technique. Take home a finished 8" x 10" canvas celebrating the beautiful chrysanthemum. Register by 9/18.

CR \$20.00; NR \$30.00

Miller Center Room 208 – Instructor: Carol Logwood

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
23005.303	M	9/25	10 am-12 noon

One Stroke Painting Fall Leaves Ages 18 & Up

Recreate the beauty of fall leaves using acrylic paints and the one stroke technique. You'll take home a finished 8" x 10" canvas to enjoy. Register by 9/25.

CR \$20.00; NR \$30.00

Miller Center Room 208 – Instructor: Carol Logwood

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
23005.304	M	10/2	10 am-12 noon

One Stroke Painting Pumpkins Ages 18 & Up

Learn one stroke acrylic painting techniques to create an 8" x 10" canvas with a pumpkin/autumn theme. Register by 10/2.

CR \$20.00; NR \$30.00

Miller Center Room 208 – Instructor: Carol Logwood

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
23005.305	M	10/9	10 am-12 noon



Arts/Classes



Collage Your Visual Journal Ages 18 & Up

Students create a personal visual journal using collage techniques, glue, scissors, paper, photographs and found materials. Be thinking about things that are meaningful to you that can be used for your collage theme! Register by 9/6.

CR \$15.00; NR \$23.00

Miller Center Room 101 – Instructor: Elizabeth Ford

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
23007.301	W	9/13-10/25	7-8:30 pm

Plan It – Successful Event Planning Ages 18 & Up

Learn how to make your next special event shine! Receive hands-on experience with event planning, including making delicious food, choosing a great party theme, estimating food and beverage amounts accurately, and adding the “little things” that create a memorable event. Register by 9/11.

CR \$25.00; NR \$38.00

Miller Center Room 101 – Instructor: Suzen Flinchum

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
29011.305	M	9/18-10/16	7-9 pm



Appetizers for the Holidays Ages 18 & Up

Students observe, prepare and sample a variety of tasty holiday appetizers and hors d'oeuvres. Bon appetit! Register by 10/12.

CR \$20.00; NR \$30.00

Miller Center Ground Floor

Instructor: Suzen Flinchum

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
29100.301	TH	10/19	7-9 pm

Edible Gifts Ages 18 & Up



Give the gift of yummy treats from your kitchen. Students learn how to prepare special delicacies for friends and family for the holidays. Register by 10/19.

CR \$20.00; NR \$30.00

Miller Center Ground Floor

Instructor: Suzen Flinchum

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
29100.302	TH	10/26	7-9 pm



Edible Centerpieces Ages 18 & Up

Make the centerpiece part of the meal! Students learn to construct an attractive centerpiece that can be consumed during the party. Register by 10/26.

CR \$20.00; NR \$30.00

Miller Center Ground Floor – Instructor: Suzen Flinchum

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
29100.303	TH	11/2	7-9 pm

Hosting an Open House Ages 18 & Up

Wondering what to serve the next time you host an open house? Students practice preparing a variety of recipes that are sure to make mouths water. Register by 11/2.

CR \$20.00; NR \$30.00

Miller Center Ground Floor – Instructor: Suzen Flinchum

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
29100.304	TH	11/9	7-9 pm



Wire Wrapped Pendant, Beginner Ages 18 & Up

Students learn proper handling of tools and materials and learn basic wire wrapping skills. Bring your magnifying glasses or optivizor. Register by 8/31.

CR \$65.00; NR \$80.00

Miller Center Room 208 – Instructor: Natalie Darling

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
29501.301	TH	9/7-9/21	7-9 pm

Wire Wrapping, Intermediate Ages 18 & Up



A continuation and enhancement of skills learned in beginning class. Bring your magnifying glasses or optivizor. Prerequisite: Must have taken Beginner Wire Wrapped Pendant. Register by 9/28.

CR \$65.00; NR \$80.00

Miller Center Room 208 – Instructor: Natalie Darling

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
29501.302	TH	10/5-10/19	7-9 pm



Wire Wrapping, Advanced Ages 18 & Up

A continuation and enhancement of skills learned in Beginning and Intermediate classes. Bring your magnifying glasses or optivizor. Prerequisite: Must have taken Intermediate Wire Wrapping. Register by 10/19.

CR \$65.00; NR \$80.00

Miller Center Room 208 – Instructor: Natalie Darling

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
29501.303	TH	10/26-11/9	7-9 pm

Learn the Art of Chain Mail Jewelry Ages 15 & Up



Heavy Metal Lovers – learn the ancient art of chain mail. Students learn proper use of tools and materials to create chain mail links and design a bracelet or a key chain. Bring magnifying glasses for fine work. Register by 10/12.

CR \$32.00; NR \$47.00

Miller Center Ceramics Room

Instructor: Ariel Parker Diffenbach

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
29501.304	TH	10/19-11/9	7-8 pm

Follystick Theatre

presents

Toy School

for our fall 2006 pre-holiday production. Katrina Perez directs her second production with Follystick. Auditions and tech signups are on 9/13 and 9/14 from 4-5:30 pm at the Miller Center located at 301 Grove Street, Lynchburg. This season's play is for ages 9-13. Limited parts are available. Participation fee is \$25.00, payable after play parts have been cast. Fee covers photo and t-shirt cost.

Washington DC Bus Trip Ages 18 & Up

At the National Gallery of Art, everyone will be on their own to explore the many points of interest in our Capitol city. Comfortable walking shoes recommended. There will be a twenty-minute stop at a fast food restaurant on the way up and back from DC. Participants should be mentally alert and able to function independently in a safe way. Persons needing assistance are eligible to participate as long as a responsible adult accompanies them. Register by 9/30.

CR \$50.00; NR \$65.00

Meet at Miller Park Pool Parking Lot

Instructor: Suzen Flinchum

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
21101.301	F	10/20	6 am-8 pm

Co-Sponsored Clubs

<i>Name of Club</i>	<i>Contact</i>	<i>Phone No.</i>
Central Virginia Bonsai Club	Julian Adams	(434) 384-7951
Central Virginia Photography Club	Don Roakes	(434) 237-0946
Gem & Mineral Society	Steve Gordon	(434) 929-1254
Lynchburg Chess Club	Frank Vincent	(434) 239-8004
Parkside Ceramics Club	Shirley Thomas	(434) 239-1592
Piedmont Bee Keepers	O. H. Jones George Kelley	(434) 993-2864 (540) 586-0766
Seven Hills Art Club	Pat Bennett	(434) 239-4599